

Who are the Business Champions?

Many local businesses make it easier for people to lead One Planet lives by providing more sustainable products and services. Our champions have all offered rewards in recognition of what volunteers do to make Sutton a better place.

The Village Bike

The Village Bike, Carshalton

Specialises in fixing up second hand bikes so they can live to peddle another day! They have five basic bike services up for grabs for One Planet Volunteers on a first come, first served basis.

everyone
ACTIVE

Westcroft Leisure Centre, Carshalton

Offers something for everyone, whether you are a keen swimmer or first time gym goer. They are offering an activity pass for the first 20 One Planet Volunteers.



TazZa Coffee, Sutton

A not-for-profit café in central Sutton offering more than just tasty coffee and cake. They are offering special discounts to One Planet Volunteers on food and refreshments.

SUTTON
COMMUNITY
FARM

Sutton Community Farm, Wallington

A community-owned social enterprise which launched in 2010. The farm is offering half price veg boxes for the first 10 One Planet Volunteers.

Garden
Goodies

Garden Goodies

Not only do the free FSC certified bird boxes ensure that timber is sourced sustainably but they also make a lovely home for Sutton's birds. There are also lots of packets of native wild flower seeds to give away, to keep Sutton's pollinators happy!

i Need more info?

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one
planet
volunteering



Do you want to help **improve your local environment?**

Are you a **volunteer?**



Would you like to be **rewarded for your efforts?**

How about joining a **friendly online local network?**

➔ Then join us as a **One Planet Volunteer!**



Why is One Planet Living so important in Sutton?

Collectively in the UK, we currently live our lives as if we had three planets' worth of resources. This is unsustainable, just as we can't spend more money than we earn. That's why we need to live a one planet lifestyle – and we can all help. Sutton is the first council committed to making this a reality across the borough.

Volunteering does a lot of good and there is an opportunity for you to lead the way, be a role model and show that doing good things for our community can also lead to good things for our environment.

Sutton's One Planet themes

-  **1 Cutting Carbon Emissions**
-  **2 Supporting Healthy Communities**
-  **3 Supporting the Local Economy**
-  **4 Cutting Waste**
-  **5 Valuing our Natural Environment**

Visit www.oneplanetsutton.org for more information

The **One Planet Volunteer** scheme is a way of encouraging volunteers to do so in a more sustainable way and be recognised for not only helping others, but our environment too!

How does it work?

It's really simple. We want to help volunteers understand how they can volunteer whilst having a positive impact on the environment, like catching the bus instead of driving, or taking the person they support to an independent, Fairtrade coffee house rather than a big commercial chain.

How do I take part in One Planet Volunteering?





-  Simply **Like** the **One Planet Volunteer Sutton Facebook** page
-  Take a **photo** of yourself living out one of the five One Planet themes whilst you are volunteering
-  **Upload** your photo to the Facebook page, with a few details of where and what you are up to in the caption
-  Once you have uploaded a photo for **each one of the five One Planet themes opposite**, we will contact you so you can claim your **reward** from one of our business champions (see overleaf) - it's as simple as that!

Photo DOs and DON'Ts

- Do check out the Facebook page for ideas on actions you could do
- Do snap a photo of yourself in your volunteer placement completing an action for each one of the five One Planet themes
- Do be creative and have fun!
- Do get more people involved and spread the word about One Planet Volunteer
- Do support and praise your fellow One Planet Volunteers
- Don't take photos of anybody else other than yourself